

Habits at Home

Habit 3: Put First Things First



Habit Description:



Put First Things First is the habit of prioritizing and taking care of important things first.
Work first, then play!

How to live it out?

Focus on your highest priorities and make a plan every week to ensure you are putting first things first!

Responsibility

Integrity

FOCUS

Discipline

Prioritization



Directions: Please complete the challenge below as a family. Put your name on the line and put a checkmark in the box indicating that you completed the challenge. Return this paper to school so we can celebrate your hard work!



Complete one or more of the following options:

- Talk about what's most important to your family. Make a list of your family's top three Big Rocks (most important priorities).
- Make a list with your family about what are big rocks vs small rocks.
- Make a meal plan with your family.
- Pick a school night. Write a list of how you prioritize your evening. How do you put first things first?
- Plan (or create) an upcoming family tradition. What is the most important to include?

Name _____

Grade _____ Teacher _____

We did it!