



# Managing Food Allergies in Schools

## Select Resources



## Federal Resources

### Centers for Disease Control and Prevention (CDC)

#### CDC Food Allergy Tool Kit for Schools

The CDC's food allergy information page provides links to the *Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs* and to the resource tool kit for schools, which includes tip sheets for specific school audiences, including school superintendents, administrators, teachers and paraeducators, school nutrition professionals, school transportation staff and school mental health professionals. In addition, presentations for use in training school staff about food allergy management are available.

<http://www.cdc.gov/healthyouth/foodallergies>

### Food and Drug Administration (FDA), U.S. Department of Health and Human Services

#### Food Allergies: Reducing the Risks

This resource provides consumers with general information about food allergies, including a printer-friendly informational flier and a short video.

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm089307.htm>

#### Food Allergies: What You Need to Know

These resources are designed to improve understanding of food allergies and labeling of food products, and includes food allergy updates for consumers.

<http://www.fda.gov/Food/ResourcesForYou/Consumers/ucm079311.htm>

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**National Institute of Allergy and Infectious Diseases (U.S. Department of Health and Human Services) (NIAID)**

**Food Allergy: An Overview**

This website provides an overview of food allergies for consumers and a downloadable pamphlet. The pamphlet describes allergic reactions to foods and their possible causes and provides an overview of diagnosis and treatment methods for food allergies.

**Web Resource**

[www.niaid.nih.gov/topics/foodAllergy/understanding/Pages/default.aspx](http://www.niaid.nih.gov/topics/foodAllergy/understanding/Pages/default.aspx)

**Food Allergy: An Overview**

<http://www.niaid.nih.gov/topics/foodAllergy/Documents/foodallergy.pdf>

**U.S. Department of Agriculture (USDA)**

**Accommodating Children with Special Dietary Needs in the School Nutrition Programs**

This resource from the USDA Food and Nutrition Service Office of Food Safety provides guidance to school nutrition programs about meeting the special dietary needs of students.

[http://www.fns.usda.gov/sites/default/files/special\\_dietary\\_needs.pdf](http://www.fns.usda.gov/sites/default/files/special_dietary_needs.pdf)

**U.S. Department of Agriculture (USDA) Food and Nutrition Information Center**

**Food Allergies and Intolerances Resource List for Consumers**

This publication is a collection of resources on the topic of food allergies and intolerances for consumers. Resources include books, pamphlets, audiovisuals, and websites.

<http://www.nal.usda.gov/fnic/pubs/bibs/allergy.pdf>

## National Nongovernmental Resources

**Allergyhome.org**

**Managing Food Allergies in Schools: Food Allergy Education for the School Community**

This resource provides schools with a wide variety of training tools and information, including staff training presentations and tools, parent training resources, resources for school nurses, and information for families and other food allergy management resources.

<http://www.allergyhome.org/schools/>

**American Academy of Allergy Asthma and Immunology (AAAAI)**

**School Tools: Allergy and Asthma Resources for Professionals**

Sponsored by the American Academy of Allergy Asthma and Immunology, this resource provides information to keep children with allergic disease safe in school environments.

<http://www.aaaai.org/conditions-and-treatments/library/school-tools.aspx>

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**American Academy of Pediatrics (AAP)**

**Clinical Report: Management of Food Allergy in the School Setting**

This report in the journal, Pediatrics, provides guidance to schools on the management of food allergies in schools.

<http://pediatrics.aappublications.org/content/early/2010/11/29/peds.2010-2575.full.pdf+html>

**American School Health Association (ASHA)**

**Food Allergy Safety at School: A Webinar**

Leaders in food allergy prevention and treatment share their valued expertise in this webinar, which is a collaborative effort among ASHA, the ELL Foundation, and the National Association of School Nurses.

<https://netforum.avectra.com/eweb/DynamicPage.aspx?Site=ASHA1&WebCode=FoodAllergySafety>

**Asthma and Allergy Foundation of America (AAFA)**

**Kids with Food Allergies**

This organization provides consumer information about a wide range of allergy topics affecting children. In addition to free archived webinars, educational resources, and recipes, the organization sponsors support forums for consumers.

<http://community.kidswithfoodallergies.org/>

**Food Allergy Research and Education (FARE)**

**Managing Food Allergies in the School Setting**

This site provides information and resources about food allergies and anaphylaxis to help people with food allergies and their families. Information includes educational and resource materials for use in schools, child care settings, and communities.

**Guidance for Parents**

<http://www.foodallergy.org/document.doc?id=123>

**Resources for Schools**

<http://www.foodallergy.org/resources/schools>

**Statewide Guidelines for Schools**

Hosted by Food Allergy Research & Education (FARE), this resource provides state guidelines for managing food allergies in schools.

<http://www.foodallergy.org/laws-and-regulations/statewide-guidelines-for-schools>

**National Association of School Nurses (NASN)**

**Food Allergy and Anaphylaxis Tool Kit**

Sponsored by the National School Nurses Association, this site provides a variety of tools and templates to educate and help people who are responsible for managing students with food allergies as an integral part of the delivery of health care services in schools.

<http://www.nasn.org/ToolsResources/FoodAllergyandAnaphylaxis>

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### **National Education Association Health Information Network (NEAHIN)**

#### **Food Allergy Book: What School Employees Need to Know**

Developed by the NEA (National Education Association) Health Information Network, with support from the US Department of Agriculture, this booklet is designed to educate school employees about food allergies and how they can help to prevent and respond to allergic reactions in schools. Booklets are available in print and online in both English and Spanish.

<http://www.neahin.org/foodallergies/>

#### **English**

[http://www.neahin.org/assets/pdfs/foodallergybook\\_english.pdf](http://www.neahin.org/assets/pdfs/foodallergybook_english.pdf)

#### **Spanish**

[http://www.neahin.org/assets/pdfs/foodallergybook\\_spanish.pdf](http://www.neahin.org/assets/pdfs/foodallergybook_spanish.pdf)

### **National Food Service Management Institute (NFSMI)**

#### **Managing Food Allergies in Schools**

The Managing Food Allergies in School Nutrition Programs training is for school nutrition professionals to learn how to accommodate students with food allergies. It includes an overview of food allergies, reading and managing food labels, accommodating students with food-related disabilities, avoiding cross contact, and promoting food allergy management in schools.

<http://www.nfsmi.org/ResourceOverview.aspx?ID=507>

This video is for school nutrition professionals to learn about managing food allergies.

<http://www.nfsmi.org/ResourceOverview.aspx?ID=490>

### **National School Boards Association (NSBA)**

#### **Addressing Food Allergies in Schools—A PowerPoint Presentation**

For board members and administrators, this PowerPoint presentation can be used as is or adapted to help bring attention to and manage food allergies in schools. The presentation is aligned with comprehensive policy components, as outlined in NSBA's "Safe at School and Ready to Learn: A Comprehensive Policy Guide for Protecting Students with Life-threatening Food Allergies."

<http://www.nsba.org/addressing-food-allergies-schools-powerpoint-presentation>

#### **Safe at School and Ready to Learn: A Comprehensive Policy Guide for Protecting Students with Life-Threatening Food Allergies.**

This comprehensive policy guide gives schools the information needed to create food allergy management policies and protocols that meet legal obligations and best practices.

<http://www.nsba.org/sites/default/files/reports/Safe-at-School-and-Ready-to-Learn.pdf>